

Qualitative Approaches to Brain Symmetry

By

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A little studied feature of nitric oxide (NO) spiking is that it occurs co-terminously with whole brain synchronous states and whenever a Relaxation Response is generated. Although typically measured quantitatively, NO can also be experienced qualitatively as bodily felt sense phenomena. The Biosonic Otto 128 Hertz kinesthetic tuning fork has demonstrated its ability to consistently spike nitric oxide, subsequently creating a Relaxation Response and corresponding potentials for Whole Brain Synchrony. In this presentation, Dr. Wright will share his views on how tuning forks and other qualitative methods work to directly and indirectly spike NO for healthy well being.

Although nitric oxide (NO) has been researched intensively by the scientific community, a little known aspect is that NO spiking underlies shifts in Consciousness. Since ancient times, men and women have sought to achieve what we refer to as altered states of consciousness (ASC) to access, explore, and experience multiple realms of awareness and statebound knowledge including Stillpoints, self and other compassion, as well as states of illumination, transcendence, “Oneness” or “Unity.” A little studied feature of nitric oxide spiking is that it occurs co-terminously with whole brain synchronous states and whenever a Relaxation Response is generated. Although typically measured quantitatively, NO can also be experienced qualitatively, as bodily felt sense phenomena. The Biosonic Otto 128 Hertz kinesthetic tuning fork has demonstrated its ability to consistently spike nitric oxide, subsequently creating a Relaxation Response and corresponding potentials for Whole Brain Synchrony. In this presentation, Dr. Wright will share his views on how tuning forks and other qualitative methods work to directly and indirectly spike NO for healthy well being. Learn how you can become more qualitatively aware of ASC shifts in your own Consciousness and flexibly modify your attentional focus via tuning into your bodily felt sense by achieving a consistently beneficial elevated Relaxation Response that also dissolves stress, anxiety and chronic pain.