

CONTEMPORARY MUSIC FOR CHAKRAS AND ARCANES MODES.

VISHUDDHI

Hām
Hum

PLAY TRIANGLE TONES AND FOUR PEDAL TONES AS DRONE / DURATION 8+16 BREATHS

TRIANGLE TONES     FOUR PEDAL TONES [DURATION 8+16 BREATHS]

PLAY AS DRONE STOP OR STRAGEAD

OUTER PEDAL 5th     OUTER PEDAL 9th

USE FOR MELODIC MATERIAL [EACH PITCH AS BREATH; SLOW ON YOUR OWN / CHANT LIKE]

LYDIAN     HYPOLYDIAN

SPEAK OR SING THE MANTRAS - HUM (Hām) OR OM AT ANYTIME

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Nate Bixby on Violin  
 Glenn Stevens on Mandolin  
 Nate Trier on Accordion

Jim Cole - Overtone singer  
 Steve Brownell - Overtone singer  
 Composed and facilitated by Damon Honeycutt

RĀM                      MANIPURA                      RŪM

LEFT PEDAL                      RIGHT PEDAL

SUSHUMNA TONES ; PLAY AS DRONE  
DURATION 5 OR 10 BREATHS

TRIANGLE TONE ; PLAY AS DRONE  
DURATION 5 OR 10 BREATHS

USE FOR MELODIC MATERIAL  
LOCRIAN. [EACH PITCH AS BREATH;  
CHANGE LIVE]

PLAY AS SEQUENCE - [SHOW AND YOUR OWN]

SPEAK OR SING THE MANTRAS - RŪM (RĀM) OR ŚM AT ANY TIME

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